

Faculty	Community and Health Sciences		
Home Department	Psychology		
Module Topic	Psychological Interventions		
Generic Module Name	Psychological Interventions 214		
Alpha-numeric Code	PSY214		
NQF Level	6		
NQF Credit Value	10		
Duration	Semester		
Proposed semester to be offered	First Semester		
Programmes in which the module will be offered	BSW (5 years) (8560), BSW (4 years) (8411), BA (2101) BA (4 year) (2612), BA SRES (8061), BEd (5 years) (4091), BLIS (2201), BSc OT (8111) BTH (2013)		
Year level	2		
Main Outcomes	<p>On completion of this module students should be able to:</p> <p>Demonstrate:</p> <ul style="list-style-type: none"> • An overview of the theoretical foundations of the various approaches to intervention • An understanding of the process of intervention and the nature of helping relationships • Knowledge of theories and techniques of counseling • Knowledge of ethical decision making in counseling <p>Specific Outcomes</p> <p>Demonstrate basic understanding of:</p> <ul style="list-style-type: none"> • The field of counseling and psychological intervention • The theoretical underpinnings of counseling • Some methods of intervention in psychological practice • Ethical decision making in counseling 		
Main Content	<ul style="list-style-type: none"> • Introduction to the field of counseling psychology • Ethical issues in counseling practice • Psychoanalytic therapy • Person centered therapy • Cognitive behavior therapy • Family systems therapy 		
Pre-Requisite Modules	None		
Co-Requisite Modules	None		
Prohibited Module Combination	None		
Breakdown of Learning Time	Hours	Timetable Requirement per week	Other teaching modes that does not require time-table
Contact with lecturer / tutor:	14	<i>Lectures p.w.</i>	1
Assignments & tasks:	32	<i>Practicals p.w.</i>	0
Practical's:	0	<i>Tutorials p.w.</i>	0
Test & examination	4		
Self-study	50		
Other: Group work	0		
Total Learning Time	100		
Methods Of Student Assessment	Continuous Assessment (CA): 50% Final Assessment (FA): 50%		
Assessment Module type	Continuous and Final Assessment (CFA)		