

BACHELOR OF ARTS HONOURS IN SPORT AND EXERCISE SCIENCE **(8013)**

J.117 ADMISSION

Unless Senate decides otherwise, candidates will be required to meet the following criteria to be enrolled for the degree: **Bachelor of Arts Honours in Sport and Exercise Science – BAHons (Sport and Exercise Science)**

Candidates must be in possession of a BA SRES or BSc SES degree, or equivalent thereof from an approved institution (as deemed appropriate by the SRES Department), and obtained an average mark of no less than 60% in the final year.

J.118 SELECTION

As only a limited number of students can be admitted to the programme, applicants will be subject to a selection procedure

J.119 DURATION

Unless Senate decides, otherwise the duration of the programme shall extend over one year full time or two years part time study.

J.120 CURRICULUM

Module Name (select 1 option)	Alpha	Cred
Option 1 – Sport Conditioning		
Anatomy and Kinanthropometry 736	SRE736	10
Psychology of PE & Sport 723	SRE723	10
Exercise Physiology 727	SRE727	10
Motor Control & Learning 728	SRE728	10
Exercise Testing & Prescription 733	SRE733	10
Applied Research Methods 739	SRE739	30
Sport Technology 740	SRE740	10
Conditioning for Sport 741	SRE741	20
Sports Nutrition 742	SRE742	10
Applied Statistics 501	STA501	15
	TOTAL	135
Option 2 – Community Health Promotion Through Sport		
Rec & Leisure- Time Stud 715	SRE715	10
Anatomy and Kinanthropometry 736	SRE736	10
Exercise Physiology 717	SRE717	10
Psychology of PE & Sport 723	SRE723	10
Exercise Testing & Prescription 733	SRE733	10
Chronic Disease and Disability 735	SRE735	10
Applied Research Methods 739	SRE739	30
Sports Nutrition 742	SRE742	10
Sociology of Sport 743	SRE743	10
Community Health Promotion 744	SRE744	10
Applied Statistics 501	STA501	15
	TOTAL	135
Option 3 – Talent Identification (Not Offered in 2019)		
Anatomy and Kinanthropometry 736	SRE736	10
Motor Control & Learning 718	SRE718	10
Exercise Physiology 727	SRE727	10
Motor Control & Learning 728	SRE728	10

Exercise Testing & Prescription 733	SRE733	10
Applied Research Methods 739	SRE739	30
Sports Nutrition 742	SRE742	10
Sociology of Sport 743	SRE743	10
Sports Talent Identification 734	SRE734	20
Applied Statistics 501	STA501	15
	TOTAL	135

J.121 ASSESSMENT

Assessment is governed by Rule A.5 as stipulated in the University Calendar: General Information Part 1.

J.122 PROGRESS RULES

J.122.1 Full-time

Unless Senate decides otherwise, a full-time student shall complete the programme in one year. A student who passed at least 60 credits may proceed with his/her studies to complete the programme the following year.

J.122.2 Part-time

Unless Senate decides otherwise, a part time student shall complete the programme in two consecutive years and accumulate at least 60 credits per annum to proceed with his or her studies. A student who accumulated 90 credits within two years may be allowed to proceed to the following year to complete the programme.

J.123 RENEWAL OF REGISTRATION

The renewal of registration will be governed by the Rule A.4.1, as stipulated in the University Calendar: General Information Part 1.

J.124 SPECIAL REQUIREMENTS FOR THE PROGRAMME

There are no special requirements for this programme.