

BACHELOR OF ARTS IN SPORT, RECREATION AND EXERCISE SCIENCE (8061)

J.1 ADMISSION

Unless Senate decides otherwise, candidates will be required to meet the following criteria to be enrolled for the degree: **Bachelor of Arts in Sport, Recreation and Exercise Science - BA (Sport, Recreation and Exercise Science)**

J.1.1 Admission requirements for applicants who matriculated from 2008

(a) The National Senior Certificate for Bachelor's Degree study plus a score of no less than 30 points calculated according to the University's approved points system, as well as the following specific subject requirements:

- level 4 (50-59%) in English (home or first additional language) and
- level 3 (40-49%) in Another Language (home or first additional language) and
- level 3 (40-49%) in Mathematics or
- level 4 (50-59%) in Mathematical Literacy

OR

(b) A qualification or level of competence which the Senate of the University has deemed to be equivalent to the requirements stipulated in (a) above.

J.1.2 Admission requirements for applicants who matriculated before 2008

(a) A Matriculation Exemption with the following subject requirements:

- HG (40%, E symbol) Mathematics or
- SG (50%, D symbol) Mathematics and
- HG (40%, E symbol) Biology or
- SG (50%, D symbol) Biology or
- HG (40%, E symbol) Physical Science or
- SG (50%, D symbol) Physical Science

OR

(b) A qualification or level of competence which the Senate of the University has deemed to be equivalent to the requirements stipulated in (a) above.

J.1.3 Alternate admission

Alternate admission requirements for applicants according to Recognition of Prior Learning (RPL)

Students who completed the NSC in 2008 or thereafter, but have not obtained endorsements, will be considered for alternative admission after the age of 23. Such candidates will be required to complete a RPL portfolio development course and submit to a process where relevant learning and/or experience will be assessed.

Candidates who are 23 or older and do not have a matriculation certificate or NSC, but who might have obtained other qualifications or experience that may be deemed to be equivalent to admission criteria for particular study programmes, will also be required to complete a RPL portfolio development course or an RPL portfolio process as agreed and to submit to a process where such learning, qualification and/or experience will be assessed.

J.2 SELECTION

As only a limited number of students can be admitted to the programme, applicants will be subject to a selection procedure.

J.3 DURATION

Unless Senate decides otherwise the duration of the programme shall extend over three years full time.

J.4 CURRICULUM

J.4.1 Level 1

Module Name	Alpha Code	Cred
Compulsory		
Group 1		
Kinesiology 111 (Theory)	SRE111	20
Fundamentals of Exec Phys 113	SRE113	15
Practical 101	SRE101	15
Practical 102	SRE102	15
Group 2		
Primary Health Care 112	HDP122	10
Computer Literacy 111	CCL111	5
*(Select 1 module)		
Eng for Educ Dev 121	EED121	10
Intro to Xhosa 001 (CHS) (alternative if exempted from EED)	XHO001	10
Intro to Afrikaans 002 (CHS) (alternative if exempted from EED)	AFR002	10
Group 3		
History		
History 151	HIS151	15
History 152	HIS152	15
Psychology		
Intro to Psychology 111	PSY111	7.5
Brain and Behaviour 112	PSY112	7.5
Psychology of Child Development 121	PSY121	7.5
Intro to Research Methods 123	PSY123	7.5
Management		
Management 132	MAN132	15
Quantitative literacy for Commerce 141	QLC141	15
English		
English 111	ENG111	15
English 121	ENG121	15
Sub-total		120

* Students who have obtained an A or B symbol in English at Grade 12 level are required to do either Xhosa or Afrikaans.

** Students may only choose one elective/major from Group 3. Students must continue with this elective/major.

J.4.2 Level 2

Module Name	Alpha Code	Cred
Group 1 - Compulsory		
Theory: Sport Psychology 238	SRE238	10
Theory: Motor Control & Development 236	SRE236	10

Theory: Exercise Physiology 217	SRE217	10
Theory: Recreation 237	SRE237	10
Sport in Society 221	SRE221	10
Measurement and Evaluation 216 (PRACT)	SRE216	10
Sport Recr Exercise 224 (PRACT)	SRE224	10
Management of Sport 211	SRE211	10
*Group 2 – Electives		
History		
History 231	HIS231	20
History 241	HIS241	20
Psychology (select modules to the value of 40 credits)		
Study of Human Development 211	PSY211	10
Intro to Psychological Interven 214	PSY214	10
Qual Res Meth & Health Sc 221	PSY221	10
Intro to Psychopathology 213	PSY213	10
Management		
Management 231	MAN231	10
Management 233	MAN233	10
Management 201	MAN201	10
Finance for Small & Med Enterprises 206	MAN206	10
English		
English 211	ENG211	20
English 221	ENG221	20
	Sub-total	120

* Students must continue with the elective/major subject area that was selected in Level 1.

J.4.3 Level 3

There are two (2) streams, namely Fitness & Coaching and Recreation & Management. Students have to select one (1) stream. These are made up of:

Stream 1 - Fitness & Coaching

Module Name	Alpha Code	Cred
Group 1 - Compulsory		
Theory: Biomechanics 312	SRE312	10
Theory: Impaired Motor Control 313	SRE313	10
Sport Safety 316	SRE316	10
Advanced Ex Physiology 318	SRE318	10
Sport Recr Exercise 331 (PRACT)	SRE331	10
Sport Recr Exercise 329 (PRACT)	SRE329	10
Sport Recr Exercise 326 (PRACT)	SRE326	10
Sport Recr Exercise 327 (PRACT)	SRE327	10
* Group 2 – Electives		
History		
History 331	HIS331	20
History 332	HIS332	20
Psychology		
Psychopathology 311	PSY311	10
Intro to Personality Theory 312	PSY312	10
Quant Res Meth Comm & Health SC 321	PSY321	10
Psych of Soc Iden & Soc Oppression 322	PSY322	10
Management (select all)		
Project Management 325	MAN325	15
Management 303	MAN303	15
Management 314	MAN314	15

English

English 311	ENG311	20
English 321	ENG321	20
	Sub-total	120-125
	TOTAL	360-365

Students must continue with the elective/major subject area that was selected in Level 1.

Stream 2 - Recreation & Management

Module Name	Alpha Code	Cred
Group 1 - Compulsory		
Theory: Impaired Motor Control 313	SRE313	10
Sport Safety 316	SRE316	10
Theory: Management of Sport 315	SRE315	10
Sport and Community Dev 317	SRE317	10
Sport Recr Exercise 322 (PRACT)	SRE322	10
Sport Recr Exercise 324 (PRACT)	SRE324	10
Sport Recr Exercise 330 (PRACT)	SRE330	10
Sport Recr Exercise 325 (PRACT)	SRE325	10
*Group 2 – Electives		
History		
History 331	HIS331	20
History 332	HIS332	20
Psychology		
Psychopathology 311	PSY311	10
Intro to Personality Theory 312	PSY312	10
Quant Res Meth Comm & Health SC 321	PSY321	10
Psych of Soc Iden & Soc Oppression 322	PSY322	10
Management (select all)		
Project Management 325	MAN325	15
Management 303	MAN303	15
Management 314	MAN314	15
English		
English 311	ENG311	20
English 321	ENG321	20
	Sub-total	120-125
	TOTAL	360-365

J.5 ASSESSMENT

Assessment is governed by Rule A.5 as stipulated in the University Calendar: General Information Part 1.

J.6 PROMOTION RULES

Unless Senate decides otherwise and subject to rule A.3.2.3:

J.6.1 Level 1

A student shall be promoted to the 2nd Level of study on obtaining 90 credits at the 1st Level, provided the student passed at least 45 credits from group 1, which must include 1 theory module (15 credits) and 2 practical modules (30 credits), obtain at least 15 credits from group 2 and must pass all modules from group 3 (electives).

J.6.2 Level 2

A student shall be promoted to the the 3rd Level of study on obtaining 210 credits at the 2nd Level, provided the student passed all 1st Level modules and passed at least 60 credits from group 1.

J.6.3 Level 3

A student must have successfully completed all prescribed modules and obtained a total of 360-365 credits (depending on the major chosen) to complete the degree.

J.7 ADVANCE REGISTRATION

J.7.1 Level 1

A student can only anticipate modules at the next level if s/he does not have more than 45 credits to make up at the current level (or lower), provided that the student does not take more than 90 credits in total, consisting of repeating credits plus anticipated credits. And provided that the pre-requisites are met and there are no timetable clashes.

J.7.2 Level 2

A student can only register for 3rd Level modules if all 1st Level modules have been passed, if s/he does not have more than 45 credits to make up at the current level (or lower), provided that the student does not take more than 90 credits in total, consisting of repeating credits plus anticipated credits. And provided that the pre-requisites are met and there are no timetable clashes.

J.8 RENEWAL OF REGISTRATION

The renewal of registration will be governed by the Rule A.3.2.3, as stipulated in the University Calendar: General Information Part 1.

J.9 SPECIAL REQUIREMENTS FOR THE PROGRAMME

No re-evaluation will be allowed for practical modules that are assessed continuously.